

SAVORING FLAVOURS: Developing Nutritional Dishes for Enhanced Health and Wellness.

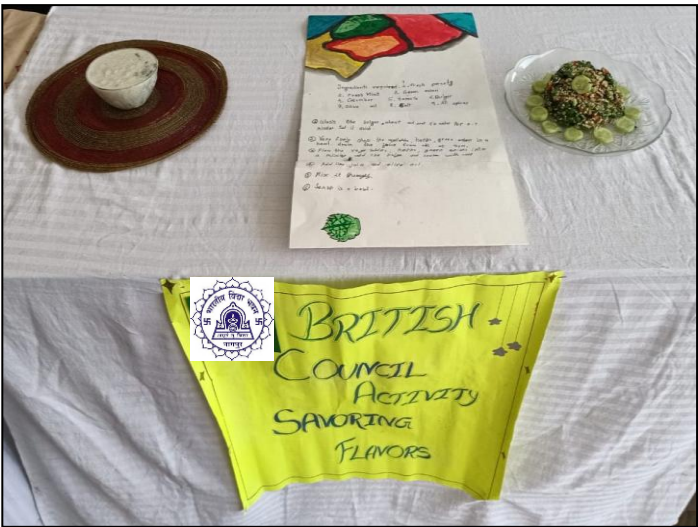
Our school hosted “Savoring Flavors” on 1st February 2025, a British Council activity comprising two activities which fosters cultural exchange and a greater appreciation for International Cuisines. The students of STD VI participated in the “Khari Kamai”, showcasing an assortment of recipes like Cucumber Yogurt, Tabbouleh, Shuwa salad, Coleslaw from different countries like India, Abu Dhabi, Oman, and the USA along with different types of spices. The students of STD VII had demonstrated their work based on different cuisines from different countries in the form of a “Recipe Book” representing global flavours, demonstrating their learning and potential in sparking a greater interest in food and cooking.



Different types of spices



Coleslaw (U.S.A)



Cucumber Yogurt (India) and Shuwa Salad (Oman)



Savoring Flavours activity